



Body Positive

Annual Report 2019 - 2020

Reference and Administrative Details

Charity Name	Body Positive	Royal Liverpool and Broadgreen Hospital Trust
Charity Number	1009850	Virgincare
Address	Bridgewater House 230 Edleston Road Crewe Cheshire CW2 7EH	National Lottery Heritage Fund National Lottery Community Fund
Auditors	Slade and Cooper Green Fish Resource Centre 46-50 Oldham Street Manchester M4 1LE	Public Health England Crewe Town Council Cheshire West and Chester Council
Bankers	Co-Operative Bank	Cheshire East Council

Main Funders

The Trustee Board

Chair Michelle Simpson

Treasurer Simon Millar

Trustees
Salli Jeynes
Nigel Davies
Carlos Munez

Volunteers

Nicola Townsend Theresa Salgado
Natalie Carter Jay Pitten
Jamie Neville Sophie Hewitt
Julie Spratt Michelle Ward
Anita Jones Isobel Jeffries
Edna Percy Sara Taylor
Lyn Roberts Marion Mordecai
Daniel Caroll Tommy Mordecai
Shirley Jones

Staff Team

Chief Executive Sally Probert-Hill
Finance & Admin Manager Chris Flewitt
Services Manager Sandra Meredith
Health Promotion Specialist Christopher Tomkinson
Community Development Worker - Sexual Health Carys Jones
Community Development Worker - Sexual Health Rachel Walker
Community Development Worker - LGBT+ / Silver Rainbows Colin Avery

Body Positive Cheshire & North Wales

Statement of Financial Activities
for the year ended 31 March 2020

	Note	Unrestricted funds £	Restricted funds £	Total funds 2020 £	Total funds 2019 £
Income from:					
Donations and legacies	3	7,735	-	7,735	1,847
Charitable activities	4	244,236	104,792	349,028	316,760
Investments	5	56	-	56	34
Total income		252,027	104,792	356,819	318,641
Expenditure on:					
Charitable activities	6	304,046	40,926	344,972	390,637
Total expenditure		304,046	40,926	344,972	390,637
Net income/(expenditure) for the year	8	(52,019)	63,866	11,847	(71,996)
Transfer between funds		-	-	-	-
Net movement in funds for the year		(52,019)	63,866	11,847	(71,996)
Reconciliation of funds					
Total funds brought forward		212,533	-	212,533	284,529
Total funds carried forward		160,514	63,866	224,380	212,533

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Body Positive Cheshire & North Wales

Balance Sheet
as at 31 March 2020

	Note	2020 £	2019 £
Fixed assets			
Tangible assets	13	396	1,470
Total fixed assets		396	1,470
Current assets			
Debtors	14	94,354	71,286
Cash at bank and in hand	15	133,470	143,832
Total current assets		227,824	215,118
Liabilities			
Creditors: amounts falling due in less than one year	16	(3,840)	(4,055)
Net current assets		223,984	211,063
Total assets less current liabilities		224,380	212,533
Net assets		224,380	212,533
Funds of the charity:			
Restricted income funds	17	63,866	-
Unrestricted income funds	18	160,514	212,533
Total charity funds		224,380	212,533

This year we launched our new services Sex Smart, Technicolour and Silver Rainbows. The services have been developed in consultation with service users to reflect their needs and the aspirations of the Charity going forward.

Partnership working has been developed and solidified with new organisations delivering in Cheshire and Body positive working across a wider geographical area.

2019/20 was the first year of delivery on the Cheshire West Integrated Sexual Health contract with Virgincare. We have successfully launched the new service and delivered above the contract targets for the first year. The initial contract runs until 2024 with an option to 2026, this gives Body Positive stability and opportunity to plan new initiatives.

The Cheshire East Integrated Sexual Health was awarded to Royal Liverpool and Broadgreen University Hospital Trust for the first time and we are working in partnership to deliver services. The reduced level of resources for the contract has meant we are delivering a more streamlined programme of activity.

We have developed income streams from training in both sexual health and LGBT+ to professionals. The online training for residential care has been launched and take up is growing. We have also developed specialist sexual health training outside of the commissioned services which has proved very popular.

From Prejudice to Pride LGBT+ heritage project was successful in gaining year two funding from the Lottery Heritage Fund. This will enable us to further develop the Cheshire archive. Body Positive partnered with Makaton UK to submit a proposal to Public Health England's HIV/Sexual Health Innovation Fund. This highly competitive award was for a project to develop sexual health resources for people with learning disabilities during 2020/21.



04 | Introduction



Launch of SexSmart our sexual health service aimed at promoting healthy relationships.



Volunteers are a vital part of what we do to promote healthy relationships and diversity in the community.



Events play an important role in getting our messages out to the wider communities of Cheshire. 2019 saw more Prides than ever in Cheshire East.

2254 16-19 yr olds seen by SexSmart

1919 C-Card sign ups

1298 LGBT+ people supported

402 Professionals trained

600 Volunteer hours

568 Supported by Silver Rainbows



06 Highlights



Support Groups

The support groups for lesbians and bi women and gay and bi men have continued to develop and grow. The women's group extended from once a month to twice a month and the men's group is now established in Chester in addition to Crewe.

Trans Positive is the support group for gender diverse people. Trans Positive meets once a month. The group has proved very popular and attracts a large number of members from a wide geographical area.

Counselling Service

The counselling programme continues to provide a vital specialist service for LGBT+ clients and their families and friends. With the recruitment of new volunteer counsellors, we are able to offer a range of skills that suit the needs of service users.

Vulnerable Groups

The services on offer include condom distribution, STI and pregnancy testing, advice and guidance for people with sexual health issues, relationships issues or issues around sexuality. The aim being to break down some of the barriers that prevent people from vulnerable groups accessing mainstream services.

The programme includes briefing sessions for staff and culturally sensitive information material workshops for service users: lasting between 20 and 45 mins. The information reflects the particular needs of the target group and designed to promote the take up of mainstream services, self-testing, accessing online services and facilitate appropriate referrals to other agencies.

Young People's Sexual Health

The drop-in services provide accessible condom distribution, testing (STIs, HIV and Pregnancy), advice and guidance for young people with sexual health issues or issues around relationships or sexuality. One of the key methods of engaging young people in accessing sexual health services is the availability in non-clinical settings.

The aim is to demystify sexual health and promote self-maintenance and use of mainstream services. Young people are encouraged to take control of their sexual health in a preventative way and not as a response to symptoms.

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MSM (Men Who Have Sex With Men)

Northwich sauna continues to use the condoms and lubricant service to source condoms and lubricant.

We have extended our work at the sauna to two days a week plus additional weekend days, to reach a broader cross-section of clients. The service offers advice, guidance and testing both in the week and at weekends.

Events

The LGBT History Month exhibition and events were extended this year to include events in Crewe. Body Positive partnered with Crewe Lyceum Theatre to deliver a month-long programme of LGBT+ themed events.

Weaver Hall Museum once again hosted an exhibition of LGBT Icons throughout February.

There were an increasing number of Pride Events across Cheshire in 2019/20 including Chester, Crewe, Nantwich, Macclesfield and Congleton. Body Positive and Age UK supported Chester Pride by sponsoring the Vintage Pride Space for older people. International Women's Days provided the opportunity for Body Positive to promote messages to a specific target group across the county.

Volunteering

Volunteer systems and processes meant that Body Positive were able to recruit more volunteers to support its delivery. An online volunteer induction process has streamlined the time taken for volunteers to become active.

Silver Rainbows

Silver Rainbows has continued to grow and develop with regular activities aimed at LGBT+ people over 50. The social groups, walks, films and one-to-one support has played an important role in tackling social isolation and loneliness amongst a particularly vulnerable group.

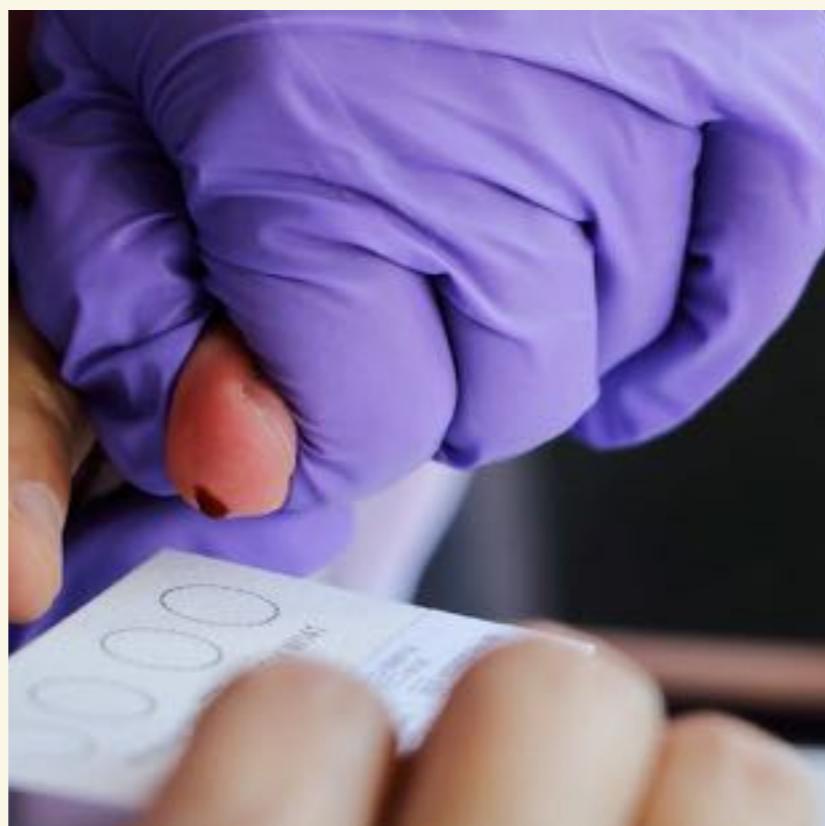
Training & Accreditation

The online training and accreditation scheme was launched and received very positive feedback from the health and social care sectors. The masterclass and the online sessions provide an important source of unrestricted funds for the Charity. We will be developing future courses to broaden the potential customer base.



The Rocket

launched March 2020



Our Vision

Celebrating Diversity
and Healthy
Relationships

Our Mission

Promoting Healthy
Relationships and
Respecting Diversity

Our Strategic Aims

Improving sexual health
and healthy relationships
Support for the LGBT+
communities



Volunteering

We are always looking to recruit new volunteers for a variety of roles including as a trustee on the Management Committee. If you feel you have skills that may benefit the organisation please get in touch and we can send you more details.

No previous experience is necessary as training will be given. We welcome people from diverse backgrounds who are interested in becoming involved with our organisation. Opportunities exist for experience in administration, fundraising, events, promotion, research and counselling placements.



Donations

Body Positive welcomes support from donors to enable us to maintain our wide range of services from diverse income streams. If you would like to help us by making a donation we would be grateful for any amount you are able to give. For details on how to donate please contact us on the main Crewe number.



Show Your Support

To show your support, you may like to wear a red ribbon. The Red Ribbon is the internationally recognised symbol of HIV and AIDS. It shows your understanding, care and support of those living with and affected by the virus world wide. If you would like any red ribbons for you or your organisation and any other resources please get in touch.



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